

# OMM Residential Living Activities Calendar—February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>LEGEND:</b>                      AC=Academy Classroom, CW 1st Floor CWL=Crestwood Library, CW 2nd Flr                      ACR=Administration Conference Room FC=Fleming Center                      AR=Arbor Room FCMR=Fleming Center Meeting Room MR=Meeting Room, CW 3rd Floor                      Ch=Chapel FH1=Felt House 1st Floor Lounge PDR=Private Dining Room, CW 1st Flr                      CO=Charter Oak Restaurant GR=Game Room, CW 2nd Floor SWC=Spann Wellness Center                      CT=Crestwood Theatre HLC=Holliman Living Center WR=Weaving Room</p> <p style="text-align: center;">® = RESERVATIONS REQUIRED                      * = CAMPUS SHUTTLE AVAILABLE BY RESERVATION                      T = TICKETS REQUIRED</p> <p style="text-align: center; color: red;"><b>PLEASE READ YOUR CALENDAR SUPPLEMENT FOR IMPORTANT DETAILS! PAGE 3</b>  <b>RESERVATION HOTLINE: 918-346-6689 OR <a href="mailto:reservations@ommtulsa.org">reservations@ommtulsa.org</a></b></p>				<p><sup>1</sup>  <i>All Exercise Classes Canceled.</i></p> <p><b>10:00-11:00</b> Blood Pressure Clinic—SWC  <b>1:00</b> Laughter—CT                      ®<b>1:30-3:00</b> Great Decisions—FCMR  <b>2:00</b> Ping Pong—SWC                      ®<b>2:30</b> Bridge Lessons—GR  <b>3:30</b> Line Dancing—CANCELED</p>	<p><sup>2</sup>  <i>All Exercise Classes Canceled.</i></p> <p>®<b>9:15</b> Tulsa Town Hall  <b>1:00</b> Wii Bowling —FC  <b>1:30-3:30</b> Bargain Basement                      Closed                      *®<b>T6:00/7:00</b> Pizza/Movie—FC—<i>On Wings of Eagles</i>  <b>7:00</b> Card Sharks—GR</p>	<p><sup>3</sup>                      ®<b>9:15</b> Shopping—31st &amp; Harvard  <b>10:00</b> Splash &amp; Laugh—SWC  <b>2:00</b> Movie—CT—<i>Battle of the Bulge</i>                      ®<b>7:00</b> Tulsa Symphony Shuttle</p>
<p><sup>4</sup>                      ®<b>7:30</b> Asbury Shuttle</p> <p><b>11:00</b> Sunday Morning Community Worship—HLC</p> <p><b>2:00</b> Ping Pong</p> <p><b>5:00</b> Communion--Ch</p>	<p><sup>5</sup>  <b>8:00</b> Fluid Motions—CANCELED  <b>8:00</b> Stability Ball—SWC  <b>8:30</b> W.A.S.—SWC  <b>8:30</b> Seniorcise—CANCELED                      ®<b>9:15</b> Shopping—21st &amp; Yale  <b>9:30-11:00</b> Blood Pressure Clinic—SWC  <b>9:30</b> Senior Strong—SWC  <b>10:00</b> Screenwatchers Guild—CWL  <b>10:00-12:00</b> Caring Mat-ters—MR  <b>10:00</b> ROM—SWC  <b>10:30</b> Sit to be Fit—SW  <b>1:00</b> Mah Jongg—MC  <b>1:00</b> Wii Bowling—FC                      ®<b>1:30</b> LiveLifeLearning Community Classroom: Fitness at Any Age—CT                      ®<b>2:50</b> Spot 31 Volunteering—St. Matthew  <b>3:00</b> Rock Steady Boxing—SWC                      ®<b>3:30-4:15</b> OMM Chorus—FC                      *<b>7:00</b> Eternity Gospel Quartet Concert—FC</p>	<p><sup>6</sup>  <b>7:30</b> Men's Breakfast—HLC  <b>8:00</b> Fun Fit Boxing—SWC  <b>9:00</b> Tower of Power—SWC  <b>10:00</b> Osteoball—SWC  <b>10:30</b> Tai Chi—SWC  <b>1:00-3:00</b> Weaving—WR  <b>1:00</b> Food Bank Service Project —HLC                      ®<b>1:00</b> Spiritual Book Review: New Creation Realities—SWC  <b>2:00</b> Ping Pong—SWC  <b>2:00</b> Bingo—FC  <b>3:00</b> Christ Conversations—CT  <b>4:30-6:00</b> Social Hour—MC</p>	<p><sup>7</sup>  <b>8:00</b> Fluid Motions—SWC  <b>8:00</b> Stability Ball—CANCELED  <b>8:30</b> W.A.S.—CANCELED  <b>8:30</b> Seniorcise—SWC  <b>9:30</b> Senior Strong—SWC  <b>10:00</b> Bible Study—Ch  <b>10:00</b> ROM—SWC  <b>10:35</b> Sit to be Fit—SWC  <b>1:30-3:00</b> Welcome Wednesday—MC                      ®<b>3:00</b> Creativity Connection: Craft for a Cause—HR1  <b>3:00</b> Movie—CT—<i>All Saints</i>  <b>3:00</b> Rock Steady Boxing—SWC  <b>7:00</b> Card Sharks—GR</p>	<p><sup>8</sup>  <b>8:00</b> Fun Fit Boxing—SWC                      ®<b>8:30</b> Lab Draw Clinic—SWC                      ®<b>8:30</b> Walking Group—Woodland Hills  <b>9:00</b> Tower of Power—SWC  <b>10:00</b> UMW OMM Faith Circle—MC  <b>10:00-11:00</b> Blood Pressure Clinic—SWC  <b>10:00</b> Osteoball—SWC  <b>10:30</b> Tai Chi—SWC                      ®<b>1:30-3:00</b> Great Decisions—FCMR  <b>2:00</b> Ping Pong—SWC                      ®<b>2:30</b> Bridge Lessons—MC  <b>3:30</b> Line Dancing—SWC</p>	<p><sup>9</sup>  <i>All Exercise Classes Canceled.</i></p> <p>®<b>8:30</b> Wellness Breakfast: Erin Ogee, ARPN—SWC  <b>10:00</b> OMM Town Hall —FC  <b>1:00</b> Wii Bowling —FC  <b>1:30-3:30</b> Bargain Basement Grand Re-Opening  <b>7:00</b> Card Sharks—GR  <b>7:00</b> Movie—FC—<i>The Mountain Between Us</i></p>	<p><sup>10</sup>  <b>7:30-9:00</b> Women's Waffle—HLC                      ®<b>9:15</b> Shopping—31st &amp; Harvard  <b>10:00</b> Splash &amp; Laugh—SWC  <b>2:00</b> Movie—CT—<i>The Book of Henry</i></p>
<p><sup>11</sup>                      ®<b>7:30</b> Asbury Shuttle</p> <p><b>11:00</b> Sunday Morning Community Worship—HLC</p> <p><b>2:00</b> Ping Pong—SWC</p> <p>®<b>2:30</b> Tulsa Ballet Shuttle</p> <p><b>5:00</b> Devotions--Ch</p>	<p><sup>12</sup>  <b>8:00</b> Fluid Motions—SWC  <b>8:00</b> Stability Ball—CANCELED  <b>8:30</b> W.A.S.—CANCELED  <b>8:30</b> Seniorcise—SWC                      ®<b>9:15</b> Shopping—21st &amp; Yale  <b>9:30-11:00</b> Blood Pressure Clinic—SWC  <b>9:30</b> Senior Strong—SWC  <b>10:00-12:00</b> Caring Mat-ters—MR  <b>10:00</b> ROM—SWC  <b>10:30</b> Sit to be Fit—SW  <b>1:00</b> Mah Jongg—MC  <b>1:00</b> Wii Bowling—FC  <b>1:30</b> Needlecraft—GR                      ®<b>2:50</b> Spot 31 Volunteering—St. Matthew  <b>3:00</b> Rock Steady Boxing—SWC                      ®<b>3:30-4:15</b> OMM Chorus—FC</p>	<p><sup>13</sup>  <b>8:00</b> Fun Fit Boxing—SWC  <b>9:00</b> Tower of Power—SWC  <b>10:00</b> Osteoball—SWC  <b>10:30</b> Tai Chi—SWC                      ®<b>1:00</b> Spiritual Book Review: New Creation Realities—SWC  <b>1:00-3:00</b> Weaving—WR  <b>2:00</b> Food Committee—MR                      ®<b>2:00</b> Meet the Chef—MC  <b>2:00</b> Bingo—FC  <b>3:00</b> Movie—CT—<i>The Winning Team</i>  <b>3:00</b> Christ Conversations—CANCELED  <b>4:30-6:00</b> Social Hour—MC</p>	<p><sup>14</sup>  <b>8:00</b> Fluid Motions—CANCELED  <b>8:00</b> Stability Ball—SWC  <b>8:30</b> W.A.S.—SWC  <b>8:30</b> Seniorcise—CANCELED  <b>9:30</b> Senior Strong—CANCELED  <b>10:00</b> Ash Wednesday Service—Ch  <b>10:00</b> ROM—CANCELED  <b>10:35</b> Sit to be Fit—CANCELED                      ®<b>12:30</b> Ping Pong @ Montereau                      ®<b>1:00-4:00</b> Senior Fitness Testing—SWC  <b>1:30-3:00</b> Welcome Wednesday—MC                      ®<b>3:00</b> Creativity Connection: CANCELED  <b>3:00</b> Movie—CANCELED  <b>3:00</b> Rock Steady Boxing—CANCELED                      *®<b>T</b> My Blue Heaven Valentine Celebration  <b>7:00</b> Card Sharks—GR</p>	<p><sup>15</sup>  <b>9:00</b> Tower of Power—SWC  <b>10:00</b> Anna Bible Study—HR2  <b>10:00-11:00</b> Blood Pressure Clinic—SWC  <b>10:00</b> Osteoball—SWC  <b>10:30</b> Tai Chi—SWC                      ®<b>1:00-5:00</b> Audiology Clinic—SWC  <b>1:30</b> Member Council Representatives Meeting—AC  <b>2:00</b> Ping Pong—SWC                      ®<b>2:30</b> Bridge Lessons—MC  <b>3:30</b> Line Dancing—SWC</p>	<p><sup>16</sup>  <b>8:00</b> Fluid Motions—SWC  <b>8:00</b> Stability Ball—CANCELED  <b>8:30</b> W.A.S.—CANCELED  <b>8:30</b> Seniorcise—SWC  <b>9:30</b> Senior Strong—SWC  <b>10:00</b> ROM—SWC  <b>10:30</b> Sit to be Fit—SWC                      ®<b>1:00-4:00</b> Senior Fitness Testing—SWC  <b>1:00</b> Wii Bowling—FC  <b>1:30-3:30</b> Bargain Basement                      ®<b>6:45</b> Signature Symphony Shuttle  <b>7:00</b> Card Sharks—GR  <b>7:00</b> Movie—FC—<i>Calendar Girls</i></p>	<p><sup>17</sup>                      ®<b>9:15</b> Shopping—31st &amp; Harvard  <b>10:00</b> Splash &amp; Laugh—SWC  <b>2:00</b> Movie—CANCELED</p>

## OMM Residential Living Activities Calendar—February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18  <b>®7:30 Asbury Shuttle</b></p> <p><b>11:00</b> Sunday Morning Community Worship—HLC</p> <p><b>1:30</b> 3rd Sunday Mah Jongg—MC</p> <p><b>®2:00</b> A Fantastic Voyage with Cathy Ambrose—CT</p> <p><b>2:00</b> Ping Pong—SWC</p> <p><b>5:00</b> Devotions--Ch</p>	<p>19  <b>8:00</b> Fluid Motions—<i>CANCELED</i>  <b>8:00</b> Stability Ball—SWC  <b>8:30</b> W.A.S.—SWC  <b>8:30</b> Seniorcise—<i>CANCELED</i>  <b>®9:15 Shopping—21st &amp; Yale</b>  <b>9:30-11:00</b> Blood Pressure Clinic—SWC  <b>9:30</b> Senior Strong—SWC  <b>10:00-12:00</b> Caring Mat-ters—MR  <b>10:00</b> ROM— SWC  <b>10:30</b> Sit to be Fit—SWC  <b>1:00</b> Mah Jongg—MC  <b>1:00</b> Wii Bowling—FC  <b>®2:50</b> Spot 31 Volunteering—<i>CANCELED</i>  <b>3:00</b> Rock Steady Boxing—SWC  <b>®3:30-4:15</b> OMM Chorus—FC</p>	<p>20  <b>8:00</b> Fun Fit Boxing—SWC  <b>®9:00 Breakfast Break @ the new Tal-ly's Cafe</b>  <b>9:00</b> Tower of Power—SWC  <b>10:00</b> Osteoball—SWC  <b>10:30</b> Tai Chi—SWC  <b>®1:00-5:00</b> Dr. Beasley Campus Clinic—SWC  <b>®1:00</b> Spiritual Book Review: New Creation Realities—SWC  <b>1:00-3:00</b> Peru Culture Box Display—HR1  <b>1:00-3:00</b> Weaving—WR  <b>2:00</b> Ping Pong—SWC  <b>2:00</b> Bingo—FC  <b>®2:30 Heads Up—SWC</b>  <b>3:00</b> Christ Conversations—<i>CANCELED</i>  <b>4:30-6:00</b> Social Hour—MC  <b>7:00</b> OMM Book Club—CT</p>	<p>21  <b>8:00</b> Fluid Motions—SWC  <b>8:00</b> Stability Ball—<i>CANCELED</i>  <b>8:30</b> W.A.S.—<i>CANCELED</i>  <b>8:30</b> Seniorcise—SWC  <b>9:30</b> Senior Strong—SWC  <b>10:00</b> Bible Study—Ch  <b>10:00</b> ROM—SWC  <b>10:30</b> Sit to be Fit—SWC  <b>®1:00</b> HotShots Injection/B12 Clinic—SWC  <b>®1:30</b> Walking Challenge Award Ceremony—SWC  <b>1:30-3:00</b> Welcome Wednesday—MC  <b>2:00</b> Campus Orientation Tour—CW Lobby  <b>®3:00</b> Creativity Connection: Craft for a Cause—HR1  <b>3:00</b> Movie—CT—<i>A Question of Faith</i>  <b>3:00</b> Rock Steady Boxing—SWC  <b>7:00</b> Card Sharks—GR</p>	<p>22  <b>®8:30</b> Lab Draw Clinic—SWC  <b>9:00</b> Tower of Power—SWC  <b>10:00</b> Anna Bible Study—HR2  <b>10:00-11:00</b> Blood Pressure Clinic—SWC  <b>10:00</b> Osteoball—SWC  <b>10:30</b> Tai Chi—SWC  <b>®1:00</b> Chair Volleyball—FC  <b>2:00</b> Ping Pong—SWC  <b>®2:30</b> Cutting Edge Education: ORU's New Global Learning Center  <b>®2:30</b> Bridge Lessons—MC  <b>3:30</b> Line Dancing—SWC</p>	<p>23  <b>8:00</b> Fluid Motions—<i>CANCELED</i>  <b>8:00</b> Stability Ball—SWC  <b>8:30</b> W.A.S.—SWC  <b>8:30</b> Seniorcise—<i>CANCELED</i>  <b>9:30-10:40</b> Peru Culture Box Display—HLC  <b>9:30</b> Senior Strong—SWC  <b>10:00</b> ROM— SWC  <b>10:30</b> Sit to be Fit—SWC  <b>®10:40</b> Around the World Culinary Tour: Peru—Manos Peruanos Restaurant  <b>1:00</b> Wii Bowling —SWC  <b>1:30-3:30</b> Bargain Basement  <b>®5:00</b> Dinner &amp; Sapulpa Community Theatre  <b>7:00</b> Card Sharks—GR  <b>7:00</b> Movie—FC—<i>Victoria and Abdul</i></p>	<p>24  <b>®9:15</b> Shopping—<b>31st &amp; Harvard</b></p> <p><b>10:00</b> Splash &amp; Laugh—SWC</p> <p><b>2:00</b> Movie—CT—<i>Auntie Mame</i></p>
<p>25  <b>®7:30 Asbury Shuttle</b></p> <p><b>11:00</b> Sunday Morning Community Worship—HLC</p> <p><b>12:00-2:00</b> Peru Culture Box Display—HR1</p> <p><b>2:00</b> Ping Pong—SWC</p> <p><b>5:00</b> Devotions--Ch</p>	<p>26  <b>8:00</b> Fluid Motions—SWC  <b>8:00</b> Stability Ball—<i>CANCELED</i>  <b>8:30</b> W.A.S.—<i>CANCELED</i>  <b>8:30</b> Seniorcise--SWC  <b>®9:15 Shopping—21st &amp; Yale</b>  <b>®9:30-4:00</b> Podiatrist Clinic—SWC  <b>9:30-11:00</b> Blood Pressure Clinic—SWC  <b>9:30</b> Senior Strong—SWC  <b>10:00-12:00</b> Caring Mat-ters—MR  <b>10:00</b> ROM— SWC  <b>10:30</b> Sit to be Fit—SWC  <b>1:00</b> Mah Jongg—MC  <b>1:00</b> Wii Bowling with Inverness—FC  <b>1:30</b> Needlecraft—GR  <b>®2:50</b> Spot 31 Volunteering—St. Matthew  <b>3:00</b> Rock Steady Boxing—SWC  <b>®3:30-4:15</b> OMM Chorus—FC</p>	<p>27  <b>8:00</b> Fun Fit Boxing—SWC  <b>9:00</b> Tower of Power—SWC  <b>®9:40</b> Cutting Edge Research: OSU Tulsa's Helmerich Research Center  <b>10:00</b> Osteoball—SWC  <b>10:30</b> Tai Chi—SWC  <b>®1:00</b> Monet to Van Gogh—SWC  <b>1:00-3:00</b> Weaving—WR  <b>2:00</b> Ping Pong—SWC  <b>2:00</b> Bingo—FC  <b>3:00</b> Christ Conversations—CT  <b>4:30-6:00</b> Social Hour—MC</p>	<p>28  <b>8:00</b> Fluid Motions—<i>CANCELED</i>  <b>8:00</b> Stability Ball—SWC  <b>8:30</b> W.A.S.—SWC  <b>8:30</b> Seniorcise—<i>CANCELED</i>  <b>9:30</b> Senior Strong—SWC  <b>10:00</b> Bible Study—Ch  <b>10:05</b> ROM— SWC  <b>10:30</b> Sit to be Fit—SWC  <b>1:30-3:00</b> Welcome Wednesday—MC  <b>®3:00</b> Creativity Connection: Craft for a Cause—StreetCats, Inc.  <b>3:00</b> Movie—CT—<i>Breathe</i>  <b>3:00</b> Rock Steady Boxing—SWC  <b>7:00</b> Card Sharks—GR</p>	<p>March 1</p> <p><b>1:00</b> Laughter—CT</p>	<p>March 2</p> <p><b>*®T6:00/7:00</b> Pizza/Movie—FC—Move to be announced</p>	

## Calendar Supplement for February 2018

### **RESERVATION HOTLINE: 918-346-6689 or RESERVATIONS@OMMTULSA.ORG**

Use this for activity and shuttle reservations, unless a different phone number is specified in the event description.

**® Items with this symbol require reservations. Other items do not.**

**Please note deadlines for each event.** Reservation cancellations must be made for on-campus events at least 24 hours in advance in order to avoid being charged for that event. In most cases, reservations for off-campus outings are non-refundable.

- **\* Campus shuttle is available by reservation for on-campus activities marked with an asterisk.** Shuttle reservations must be made no later than 4:00pm the day before the event. If there are no reservations by 4:00pm the day before the event, the shuttle will be cancelled. The Campus Shuttle begins making rounds 30 minutes prior to each event. You will not receive a phone call with a specific pick-up time for the campus shuttle. Please watch for the shuttle to reach your home. (If your plans change, please remember to call and cancel your shuttle reservation.)
- The time listed for off-campus outings is the time the shuttle is scheduled to depart OMM. Actual performance times are included in the event description.

**PLEASE NOTE:** This supplement gives details of activities and events *that do not occur every week*. Please refer to your list of repeating activities and repeating Spann Wellness Center classes for details of any calendar entries not listed below.

### **Thursday, February 1<sup>st</sup>**

1:00 **Laughter:** The World Laughter Tour Continues! A Certified Laughter Leader since 2008, Jan Brothers returns to lead us in true, mirthful laughter in a supportive environment. Jokes are not used; only the joy of laughing. Sometimes referred to as “laughter yoga” this physical and emotional wellness program, meant to be enjoyed on a regular basis, is fun and you’ll leave with a big smile on your face, feeling better all over! **Reservations are appreciated but not required.**

- ®1:30-3:00 **Great Decisions Discussion Group:** RSVP deadline for this 8-week foreign affairs discussion group was January 18.

### **Friday, February 2<sup>nd</sup>**

- ®9:15 **Tulsa Town Hall (shuttle only, no staff accompanies this outing):** *Laura Linney*. Program begins at 10:30. Season-ticket event.
- \*®T6:00/7:00 **Pizza/Movie Night: On Wings of Eagles** (2017 PG-13 1hr 38m) In this biographical drama, we follow Scotland's most famous athlete, and first gold medal Olympian to be born in China, Eric Liddell, on his return to China and through the community outreach that would be the focus for the rest of his life there. Cast: Michael Parker, Joseph Fiennes, Bruce Locke **PLEASE NOTE:** Space is limited and you will need a ticket for pizza and/or the movie. **RSVP for pizza/movie and/or campus shuttle by 4:00pm on Wednesday, January 31.** Your ticket will be delivered to your mailbox on February 1. You may purchase a non-member guest ticket for \$7 per guest (charged to your OMM account.) Guests will only be permitted if there is space available **AFTER** the Wednesday 4:00 p.m. deadline. RSVP for campus shuttle by 4:00 p.m. on February 1.

### **Saturday, February 3<sup>rd</sup>**

- 2:00 **Crestwood Movie: Battle of the Bulge** (1965 NR 2hr 50m) In December 1944, Nazi forces launch a well-planned counteroffensive against Allied troops in Belgium. The brilliant strategist behind the attack is German Col. Hessler (Robert Shaw), whose campaign may be thwarted by American intelligence officer Lt. Col. Kiley (Henry Fonda). Robert Ryan, Telly Savalas and Charles Bronson co-star in this gripping retelling of one of the crucial battles of World War II. Cast: Henry Fonda, Robert Shaw, Robert Ryan
- ®7:00 **Tulsa Symphony Shuttle (shuttle only, no staff accompanies this outing):** *Mendelssohn’s Symphony No. 3* begins at 7:30.

### Monday, February 5<sup>th</sup>

- 10:00 **Screenwatchers Guild:** All are welcome to help choose our March movies. If you cannot attend, please share any movie suggestions you have by calling the Reservation Hotline.
- @1:30 **LiveLifeLearning Community Classroom: Fitness at Any Age.** The Spann Wellness Team is conducting Senior Fitness Testing on the 14th and 16th this month. In correlation with promoting senior fitness, Angels Care Home Health will be here to share information about fitness options in and out of the gym. RSVP on the Spann Wellness Event Reservation form which can be turned in to any SWC team member or to the Receptionist or Concierge.

@3:30-4:15 **OMM Chorus:** The dynamic and delightful Dan & Kathy Call, longtime Tulsa music educators (Dan was Memorial High School's Music Director for many years) and Director and Associate Director of Music Ministries at University United Methodist Church, return in February to direct the OMM Chorus! Rehearsals will occur on Mondays beginning February 5, 3:30-4:15 p.m. in Fleming Center. This is a fun musical experience that will bring joy to you and all of OMM! No experience necessary and newcomers are encouraged to attend! RSVP so we can have your music ready for you.

\*7:00 **Eternity Gospel Quartet Concert:** This outstanding men's quartet will entertain and inspire us. You won't want to miss this special musical performance. No event reservations necessary. RSVP for campus shuttle by 4:00 p.m. on February 2.

### Tuesday, February 6<sup>th</sup>

- 7:30-8:45 **Men's Breakfast:** All OMM men are invited, free of charge, to breakfast, music, a guest speaker, and prayer, co-hosted by Holliman and by the Men of Asbury. No reservations necessary. For questions, call Vicki Treiber at 918-346-6658. For on-campus transportation, call the Receptionist at 918-346-6610.
- 1:00 **Food Bank Service Project:** Handwrite thank-you cards to Food Bank of Eastern Oklahoma donors. The Food Bank provides the wording for the notes, as well as the cards, postage and mailing. A great opportunity to serve the Tulsa community, without even leaving home! Please call Vicki Treiber at 918-346-6658 should you have any questions. For on-campus transportation, call the Receptionist at 918-346-6610.
- @1:00 **Spiritual Book Review: New Creations Realities by E.W. Kenyon:** This 6-week study began in January and the RSVP deadline has passed.

### Wednesday, February 7<sup>th</sup>

@3:00 **Creativity Connection: Craft for a Cause:** This month the Creativity Connection Classroom will meet on February 7, 21 and 28. Our theme will be "Craft for a Cause." From time to time, CCC will find a charitable organization that accepts donated handcrafts that it can sell to benefit the organization. This month's charity is StreetCats, Inc. of Tulsa. We will be working on projects with a cat theme. On February 28, we will take a short field trip to StreetCats, Inc. to deliver our projects and maybe pet a few kitties. (Note there will not be a class on February 14.) RSVP for the February 7 session by 4:00 p.m. on February 5. \*See February 28 for more details on StreetCats,

- 3:00 **Crestwood Movie: All Saints** (2017 PG 1hr 48m) In this uplifting true story, pastor Michael Spurlock receives a directive to close tiny All Saints Church, which can't pay its mortgage. Instead, he turns to a group of Southeast Asian refugees to help create a working farm that will pay the bills. Cast: John Corbett, Cara Buono, Barry Corbin

### Thursday, February 8<sup>th</sup>

- @8:30 **Lab Draw Clinic:** RML offers lab services every two weeks. You will need a physician's order for your lab and you will need to contact Lupina if you wish to have labs drawn. Please contact Lupina at 918-346-6618 to reserve a spot.
- @8:30 **Walking Group:** This independent walking group meets once a month to walk at different locations around town. This month we plan to walk at Woodland Hills Mall! We will board the bus in front of Spann Wellness Center at 8:30am. Once we arrive at our destination, we will spend 30 minutes walking, and then head over to Panera for coffee and breakfast. Please wear appropriate shoes and clothing. RSVP using the Wellness Reservation Form. If you have questions, please call Joe Carson at (918) 346-6682.
- 10:00 **UMW OMM Faith Circle:** This United Methodist Women's circle welcomes all OMM women, regardless of church affiliation. For questions, contact OMM member Margie Herndon at 918-906-5557.

### **Friday, February 9<sup>th</sup>**

- **⑧8:30 Wellness Breakfast: Erin, Ogee, ARNP:** This month's Wellness Breakfast welcomes Erin, Ogee, ARNP, OMM's Director of Nursing at the Health Center. Erin has a long history working to improve patient care and visionary plans for the members and staff at the Health Center. Please join us as we extend a welcome to Erin, she's looking forward to meeting you all and hearing what your concerns may be. **RSVP using the Wellness Event Reservation form which can be turned in to any SWC team member or to the Concierge or Receptionist.**
- **10:00 OMM Town Hall:** Make time in your schedule to attend this important monthly informational meeting, led by our CEO Steve Dickie. Announcements are made and issues discussed that impact our community.

**1:30-3:30 Bargain Basement Grand Re-Opening:** The phenomenal Bargain Basement team is working hard to reorganize and redesign their space. Come see the wonderful new look and check out the great bargains! All proceeds from the Bargain Basement benefit OMM's Supplemental Aid Fund.

- **7:00 Fleming Center Movie: The Mountain Between Us** (2017 PG-13 1hr 52m) After bad weather halts their commercial flight, surgeon Ben Payne and writer Ashley Knox hop a charter plane. But it crashes, leaving the strangers injured and alone atop a snow-covered mountain -- forcing them to embark on a long journey for help. Cast: Kate Winslet, Idris Elba, Beau Bridges. No reservations necessary.

### **Saturday, February 10<sup>th</sup>**

- **7:30 Women's Waffle:** Holliman hosts this free breakfast for all OMM women. Stop by anytime between 7:30 and 9:00 a.m. for fresh Belgian waffles and fellowship. For on-campus transportation, call Kira at 918-346-6610
- **2:00 Crestwood Movie: The Book of Henry** (2017 PG-13 1hr 45m) Naomi Watts stars as Susan, a single mother of two, working as a waitress in a small town, but everything in her life is not what it seems. Her son, Henry (Jaeden Lieberher), is an 11-year-old genius who not only masters academics, but manages the family finances and acts as emotional support for Susan. When Henry finds out that the girl next door, Christina, has a terrible secret, Henry and Susan take matters into their own hands in this imaginative and emotional drama from director Colin Trevorrow.

### **Sunday, February 11<sup>th</sup>**

- **⑧2:30 Tulsa Ballet (shuttle only, no staff accompanies this outing):** *Strictly Gershwin* Performance begins at 3:00. Tickets have already been purchased and the bus is full.

### **Monday, February 12<sup>th</sup>**

- **1:30 Needlecraft:** All are welcome to enjoy fellowship and knit caps (yarn provided) for babies in neonatal intensive care. The group meets on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of each month in their new meeting location outside the 2<sup>nd</sup> floor Game Room in Crestwood. Stop by and see their beautiful work or join their knitting. For questions, contact OMM Member Jan Steffensen at (918) 804-6060.

### **Tuesday, February 13<sup>th</sup>**

- **2:00 Food Committee:** This committee of the Member Council meets monthly to discuss questions and ideas related to independent living dining. If you have input or questions, contact either of the co-chairs, Beth Dunkin (918-724-4728) or Nan Clark (918-852-8764.)
- **⑧T2:00 Meet the Chef:** This monthly series, presented by our campus chefs, returns to start the New Year. Each session includes a review of what's necessary for the cooking process, a tasting, and a question-and-answer session. Space is limited to 21 people and tickets are required. **Pick up your ticket from the Concierge.**
- **3:00 Crestwood Movie: The Winning Team** (1952 NR 1hr 38m) Telephone company worker Grover Cleveland Alexander (Ronald Reagan) makes his hobby a profession when he's recruited to pitch for the Philadelphia Nationals, the beginning of a storied 20-year career with only a 200-game loss. And through it all, Alexander's dedicated wife (Doris Day) sticks by his side when he's called to duty in World War I; struck by a mysterious affliction; tempted by the bottle; and traded to various ball clubs. (We're showing this movie on Tuesday due to the Valentine Celebration and we've chosen a movie starring Ronald Reagan in preparation for Presidents Day.)

### **Wednesday, February 14<sup>th</sup>**

- **⑧12:30 Ping Pong with Montereau:** Join us this month as we travel to Montereau for some friendly ping pong competition. This is a time to play ping pong with people from another community. Whether you haven't played in a while or you play all the time, there is an opportunity for everyone to join in. We hope you will join us. **RSVP by using the Wellness Reservation form.** If you have questions you can call Katie at 918-346-6663.
- **⑧1:00-4:00 Senior Fitness Testing:** Senior Fitness Testing is a battery of test that measures the physical capacity of older adults to perform normal everyday activities. From the results you will be able to identify if your current activity level will keep you independent later into life or if you need to be exercising more. The test will take about 20-30 minutes and will measure strength, endurance, balance and flexibility. **If you want to test, you will need to call Katie Cox at 918-346-6663 to schedule an appointment.** You need only schedule for one day.

### Wednesday, February 14<sup>th</sup> (continued)

\***T My Blue Heaven Valentine Celebration:** 4:30 p.m. Dinner in Charter Oak and 5:30 p.m. Program in Fleming Center (Seating for the 6:00 p.m. Dinner/7:00 Program is SOLD OUT.) OMM Members - \$11 per person, \*Guests - \$13 per person. **Please pick up your ticket from the Concierge or Receptionist by 4:00 p.m. on Wednesday, January 31.** \*Guest reservations can only be confirmed after the reservation deadline. Reserved seating for parties of 4 or 6 is available on a limited basis, first come, first served. You may request this when you pick up your tickets.

### Thursday, February 15<sup>th</sup>

- **@1:00-5:00 Audiology Clinic:** Audiologist Airyn Cristiano from Ranch Acres Audiology returns and, in general, there is no charge for the exam. Hearing appliances are unfortunately not covered by Medicare or most insurance carriers. **RSVP to Lupina at 918-346-6618 to reserve a spot.**
- **1:30 Member Council Representatives Meeting:** Please contact your Member Council representative with any questions or concerns you would like addressed at this meeting.

### Friday, February 16<sup>th</sup>

- **@1:00-4:00 Senior Fitness Testing:** See February 14. **If you want to test, you will need to call Katie Cox at 918-346-6663 to schedule an appointment.** You need only schedule for one day.
- **@6:45 Signature Symphony (shuttle only, no staff accompanies this outing):** *Sinatra's America* Concert begins at 7:30. Season ticket event.
- **7:00 Fleming Center Movie: Calendar Girls** (2003 PG-131hr 48m) The members of the Knapely Women's Institute of North Yorkshire are resourceful and refined - and they're about to shock the residents of their little English town with a daringly bare philanthropy project. Cast: Helen Mirren, Julie Walters, Penelope Wilton. No reservations necessary.

### Sunday, February 18<sup>th</sup>

**@2:00 A Fantastic Voyage with Cathy Ambrose:** Cathy Ambrose will be presenting a slide show from a special trip that she and her husband OMM Chaplain Dub Ambrose took last summer. The photos will include their visits to St Petersburg, Russia, as well as Ireland and France. She will also be hosting you with refreshments reflecting the cuisine of each country. **RSVP by February 11.**

### Tuesday, February 20<sup>th</sup>

- **@9:00 Breakfast Break @ the new Tally's Café:** Tally's on Route 66 has opened a shiny new location at 61<sup>st</sup> & Sheridan with a wonderful 50s diner look. Enjoy their homestyle cooking with good friends, new and old. Order from the menu and pay the restaurant directly. RSVP by February 11.
- **@1:00-5:00 Dr. Beasley Campus Clinic:** Dr. Brent Beasley, Geriatric Internal Medicine OU physician, sees patients in the SWC treatment room. Most insurance plans accepted. **Call Lupina (918-346-6618) to schedule an appointment.**

**1:00-3:00 Peru Culture Box Display:** As part of our Culinary Trip Around the World (See February 23.) prior to each outing, we will have a special country-specific display for everyone to learn from and enjoy, whether or not you choose to go on the culinary voyage. Each display will consist of a variety of authentic items from the Culture Boxes, a project of the Tulsa Global Alliance which was spearheaded by our own OMM Member Emily Wood. Emily gathered many of the items for the Culture Boxes in her travels around the world and others contributed items as well. Emily will oversee each display and be present to add insight and answer questions. The Peru Culture Box Display will also include a slideshow of photos from a recent trip to Peru made by James Ellsworth of the OMM Transportation Department, who is a native of Peru. Come and go anytime during the two hours the display will be up.

- **@2:30 Heads Up:** If you haven't had a chance to join us for this game, now is as good a time as any. Come and give it a try. You may find you really enjoy it. At the very least you will laugh at those playing. We'll need two teams. **RSVP on the Wellness Reservation sheet to participate or just watch;** either way you're sure to have a laugh.
- **7:00 OMM Book Club: Killers of the Flower Moon: The Osage Murders and the Birth of the FBI** by David Grann. Facilitators: Steve Lance and Emily Wood. For more information contact our coordinator, Gayle Teter (gteter1@aol.com or (918) 949-9181.) No reservations necessary.

### Wednesday, February 21<sup>st</sup>

- @1:00 **HotShots Injection Clinic:** HotShots nurses will be available every 4 weeks on Wednesday at 2pm. They can administer monthly B-12 injections, and flu, pneumonia and shingles vaccines if desired. B-12 shots are \$10, cash, check or card. Other injections such as flu, pneumonia and shingles may be covered by Medicare. Bring your Medicare and supplemental insurance cards if you need those vaccines. **Please call Lupina at 918-346-6618 to tell her which injection you need.**
- @1:30 **January Walking Challenge Award Ceremony:** The mileage is in and the winners have been determined. Join us in celebrating this year's walking challenge champions. Here is your opportunity to see how far and how long everyone walked. Come even if you didn't participate and support those who did. **Please use the wellness reservation form to RSVP for this event.** Questions call Joe Carson at 918-346-6682.
- 2:00 **Campus Orientation Tour:** Ever wonder what's inside the other buildings at OMM? Join Melanie Fugatt for an inside walking tour. Meet in the Crestwood lobby to begin. For more information, contact Melanie at 918-346-6651.
- @3:00 **Creativity Connection: Craft for a Cause:** See February 7 for more details. **RSVP for the February 21 session by 4:00 p.m. on February 19.**
- 3:00 **Crestwood Movie: A Question of Faith** (2017 PG 1hr 44m) Two tragedies -- one involving texting and driving, the other the discovery of a grave physical condition -- bring three families into contact under circumstances impossible to foresee. But the choices they make now will determine their futures. Cast: Richard T. Jones, C. Thomas Howell, T.C. Stallings

### Thursday, February 22<sup>nd</sup>

- @8:30 **Lab Draw Clinic:** See February 8. **Please contact Lupina at 918-346-6618 to reserve a spot.**
- 10:00 **Anna Bible Study:** This member-run Bible study meets on the 3rd Thursday of each month. All are welcome. For questions, call OMM Member Mary Pearson at 918-743-7338.
- @1:00 **Chair Volleyball:** Join us in Fleming Center for a game of chair volleyball. The hardest part of this game is staying in your chair. We hope you'll take an hour out of your day and get involved in this twist to an old game. **RSVP using the Wellness Reservation form.** For questions, call Katie at 918-346-6663. Come to watch, play and cheer on the teams.

@2:30 **Cutting Edge Education: ORU's New Global Learning Center:** Oral Roberts University's new Global Learning Center is an immersive learning experience with smart classrooms, virtual and augmented reality, robotics and a state-of-the-art performance studio. Experience 3D TV that does not require glasses and mirrored reality that will mimic you as you move in front of it. Travel the world in virtual reality and look at the human body in ways that were not previously possible. Our walking tour will last about an hour; no stairs are required and there are seats along the way. Cost of this outing is \$6 charged to your OMM account. **RSVP by February 14.**

### Friday, February 23<sup>rd</sup>

- 9:30-10:40 **Peru Culture Box Display:** See February 20.

@10:40 **Around the World Culinary Tour: Peru:** Tour the world without ever leaving Tulsa, February through September 2018. Climb aboard for an around-the-world culinary adventure as we visit eight countries by sampling the cuisine at a different authentic ethnic restaurant each month. Each restaurant is putting together a special tasting menu to introduce us to their particular native cuisine. **In February, we head to PERU! Enjoy a special sampling meal at Manos Peruanos Restaurant.** Cost of this outing including the delicious sampling meal is \$20. **RSVP by February 4.**

- @5:00 **Dinner & Sapulpa Community Theatre:** *Harvey* at 7:30 preceded by dinner at Rib Crib (order from the menu and pay the restaurant directly.) Season-ticket event. Tickets are already purchased.
- 7:00 **Fleming Center Movie: Victoria & Abdul** (2017 PG-13 1hr 51m) In this historical drama, young Indian clerk Abdul Karim journeys to Britain to participate in the celebration of Queen Victoria's 50th year on the throne. In the process, he unexpectedly forms a deep friendship with the monarch. Cast: Judi Dench, Ali Fazal, Eddie Izzard . No reservations necessary.

### Saturday, February 24<sup>th</sup>

- 2:00 **Crestwood Movie: Auntie Mame** (1958 NR 2hr 23m) Rosalind Russell dazzles in a tour de force performance as the larger-than-life Mame Dennis, who unexpectedly gains custody of her young nephew Patrick in 1920s New York. As Patrick grows, he learns to live by Auntie Mame's motto: "Life is a banquet, and most poor suckers are starving to death!" Peggy Cass, Coral Browne and Pippa Scott co-star in this exhilarating comedy based on the memoir by Patrick Dennis. Cast: Rosalind Russell, Forrest Tucker, Coral Browne

**Sunday, February 25<sup>th</sup>**

- 12:00-2:00 **Peru Culture Box Display:** See February 20. Bring the family to enjoy the display!

**Monday, February 26<sup>th</sup>**

- ⑨9:30-4:00 **Podiatrist Clinic:** Podiatrist Dr. Tim Malavolti will be at the Spann Wellness Center. **Please contact Lupina Fry, Wellness Nurse to schedule an appointment.** Dr. Malavolti can bill Medicare and supplemental insurance for services generally covered by Medicare.
- 1:00 **Wii Bowling with Inverness:** The OMM Alley Cats will play some friendly rounds with our friends from Inverness.
- 1:30 **Needlecraft:** See February 12.

**Tuesday, February 27<sup>th</sup>**

⑨9:40 **Cutting Edge Research: OSU-Tulsa's Helmerich Research Center:** Don't miss this unique opportunity to tour the restricted-access Helmerich Research Center (HRC) at OSU's Tulsa campus, a 123,000-square-foot research center with specialized laboratories, a clean room, an imaging suite, and advanced information technology equipment for conducting state-of-the-art research, development, testing and education in materials science. Our walking tour, which will last about an hour, will be led by Raman P. Singh, Ph.D., Director of the HRC, who was one of three OSU project leaders to develop a radiation-shielding material to protect astronauts. His other notable research at HRC includes a project funded by the U.S. Department of Energy to explore methods to recycle discarded carpet into new material that can be used in industries from aerospace to home construction. No stairs are required and there are seats along the way. Cost of this outing is \$6 charged to your OMM account. **RSVP by February 19.**

- ⑨1:00 **From Monet to Van Gogh:** This is part two of a history of Impressionism presented by Professor Richard Brettell of The University of Texas in Dallas. You do not need to have attended part one to enjoy this video course. The course will analyze an era within the history of art that, with the help of contemporary events, philosophies, and ideas, launched the birth of modernity and changed the way we see the world. There will be a total of 6 one-hour video presentations over 6 weeks. **RSVP using the Wellness Reservation form.** For questions, call Katie at 918-346-6663.

**Wednesday, February 28<sup>th</sup>**

⑨3:00 **Creativity Connection: Craft for a Cause:** On February 28, we will take a short field trip to StreetCats, Inc. to deliver our projects and maybe pet a few kitties. StreetCats, Inc is a non-profit organization whose purpose is to shelter cats that have been abandoned or lost and to find new homes for them. The cats they take in are adoptable cats only. They are an organization that does not place a time limit on a healthy cat's life; they keep them until a home is found. StreetCats, Inc. believes that all cats deserve a home. They work to reduce the population of unwanted cats by maintaining a spay and neuter program for feral cats and by sheltering cats who no longer have people to care for them. They seek adoptive families who value animals and who will love and protect their StreetCats. (Oklahoma Methodist Manor does not itself endorse, support, benefit from or otherwise affiliate with StreetCats, Inc.) We will leave at 3:00 p.m. by OMM bus and return by 4:00 p.m. Cost of this outing is \$6 charged to your OMM account. **RSVP by 4:00 p.m. on February 23.**

- 3:00 **Crestwood Movie: Breathe** (2017 PG-13 1hr 57m) This spirit-lifting biodrama tells the story of Robin Cavendish, whose charmed and colorful life suddenly darkens when he's paralyzed by polio. Rather than become imprisoned by his disability, however, Robin and his wife decide to tour the world. Cast: Andrew Garfield, Claire Foy, Tom Hollander

**Save these dates for exciting events on our campus next month!**

March 8, exact evening time TBA - Sistema Tulsa Youth Orchestra Concert

March 14, 6:30 p.m. - Dr. Deborah Gist, Superintendent of Tulsa Public Schools

March 22, 7:00 p.m. - Concert by mezzo-soprano Barbara McAlister and pianist Margaret Singer